



POETRY WORKSHOP

Vista La Rosa's Teen Council had the pleasure of meeting Artist-in-Residence at The Jacob's Center, Gill Sotu. Gill is a highly accomplished poet, playwright, musician, and author in San Diego.

Gill facilitated a poetry and writing workshop with the students. He performed a few spoken word pieces, spoke to the students about being an artist, and how to make a career being an artist.

Students also got a chance to write and practice writing poetry. The workshop served to inspire students to start writing about their own stories and feel empowered by sharing them.

Each participant received a journal donated by 4Imprint's One by One Program.





MEDICAL MOBILE UNIT

The medical mobile unit is provided by the San Ysidro Health Center. The unit is scheduled to visit Vista La Rosa once every 2 months.

The unit is available for all residents and no health insurance is required.

These are a few of the services provided by the unit: immunizations, flu shots, sports physicals, hemoglobin tests, and TB testing.

HISPANIC HERITAGE MONTH

Hispanic heritage month started in September during fall break for our students at the Learning Center. To celebrate, our Learning Center Coordinator, Diego Espinoza, facilitated activities to teach students about Hispanic cultures. Activities included arts and crafts, viewing and discussion of Hispanic film, and an overview of Hispanic history in San Diego.

